


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 EAST VILLAGE STREET FAIR: 8th Ave & 4th - 6th Streets SE (no Church today)	2 CLOSED CANADA DAY	3 Arts `N` Ends (Painting) 12:30-3:30PM	4 Games `N` More 10:30AM-12:00PM Community Connects 1:00- 3:00PM	5 Cultivate East Village 9:30AM-12:00PM Arts `N` Ends (Drawing) 12:30-3:30PM	6 CLOSED STAMPEDE PARADE	7 CLOSED
8 Lifespring Community Church 10:30AM-12:00PM	9 Gentle Fitness (Fit2Age) 11:15AM-12:15PM Meet with a carya Social Worker 1:00-4:00PM	10 Arts `N` Ends (Painting) 12:30-3:30PM	11 Games `N` More 10:30AM-12:00PM Community Connects 1:00- 3:00PM	12 Cultivate East Village 9:30AM-12:00PM Arts `N` Ends (Drawing) 12:30-3:30PM	13 Zumba Gold 10:30-11:30AM <i>Please note Chair Yoga resumes July 20</i>	14 CLOSED
15 LCC PANCAKE BREAKFAST 9:30AM-11:30AM 5th Street Square (no Church today)	16 Meeting (Private) 9:00-10:30AM Gentle Fitness (Fit2Age) 11:15AM-12:15PM Preregistration Move `n` Mingle 1:00-2:30PM Calligraphy for Fun 1:00-3:00PM	17 Move `n` Mingle 10:00-10:45AM Arts `N` Ends (Painting) 12:30-3:30PM	18 Chow & Putter: Mini Golf & Munchies 11:00AM-2:00PM	19 Cultivate East Village 9:30AM-12:00PM Arts `N` Ends (Drawing) 12:30-3:30PM	20 Move `n` Mingle 10:00-10:45AM Chair Yoga 11:30AM-12:30 PM Zumba Gold 1:00-2:00PM Please note new times!	21 CLOSED
22 Lifespring Community Church 10:30AM-12:00PM	23 Gentle Fitness (Fit2Age) 11:15AM-12:15PM Meet with a carya Social Worker 1:00-4:00PM	24 Move `n` Mingle 10:00-10:45AM Arts `N` Ends (Painting) 12:30-3:30PM Cultivate East Village 4:00-6:30PM	25 Using Credit as a Tool Registration Required 10:00AM-12:00PM (lunch included) Community Connects 1:00- 3:00PM	26 Cultivate East Village 9:30AM-12:00PM Arts `N` Ends (Drawing) 12:30-3:30PM EVNA Board Meeting 6:00-9:00PM	27 Move `n` Mingle 10:00-10:45AM Chair Yoga 11:30AM-12:30 PM Zumba Gold 1:00-2:00PM Please note new times!	28 CLOSED
29 Lifespring Community Church 10:30AM-12:00PM	30 Gentle Fitness (Fit2Age) 11:15AM-12:15PM	31 Move `n` Mingle 10:00-10:45AM Arts `N` Ends (Painting) 12:30-3:30PM	 caryacalgary.ca		carya EAST is open: Monday - Friday, 9AM - 4PM For more information, please contact Geoff Lewis at 403.863.7675 or GeoffL@caryacalgary.ca	