



EAST

428-9th Avenue SE

APRIL 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Lifespring Church 10:30 AM - 12PM EVERY SUNDAY</p>	<p>Gentle Fitness (Fit2Age) 11:15 AM - 12:15 PM EVERY MONDAY <i>Tracy Rand</i></p> <p>April 9th</p> <p>Meet with a Social Worker! 1 - 4 PM <i>Joelle Richardson</i> please call 403.269.9888 for more information</p> <p>April 16th</p> <p>Calligraphy for Fun! <i>Making Letters Fabulous</i> 1 - 3 PM <i>Renate Worthington</i></p> <p>April 23rd</p> <p>Meet with a Social Worker! 1 - 4 PM <i>Joelle Richardson</i> please call 403.269.9888 for more information</p> <p>Planning Events in East Village 1 - 4 PM <i>Amanda Palmer</i></p> <p>April 30th</p> <p>Planning Meetings That Feel Like A Party 1 - 4 PM <i>Amanda Palmer</i></p>	<p>Arts 'N' Ends (Painting) 12:30 - 3:30 PM EVERY TUESDAY <i>Lorrie Warkentin</i></p> <p>Money Tips & Tools* 10 AM - 12 PM EVERY TUESDAY from April 10 <i>Sajjad Ahmad</i></p> <p>April 3rd</p> <p>carya Meeting (private) 9 - 10 AM</p> <p>April 17th</p> <p>Getting Involved in Neighbour Day 5:30 - 7:30 PM <i>Amanda Palmer</i></p> <p>April 24th</p> <p>Connections in Your Community 5:30 - 7:30 PM <i>Amanda Palmer</i></p>	<p>Games 'n' More 10:30 AM - 12 PM EVERY WEDNESDAY</p> <p>Community Connects 1 - 3 PM EVERY WEDNESDAY <i>Nancy Dick, Social Worker</i></p> <p>Connect Parenting Group 6 - 8 PM EVERY WEDNESDAY please call 403.269.9888 for more information</p> <p>April 18th</p> <p>Chow & Chatter 12 - 1:30 PM</p> <p>April 25th</p> <p>Wellness Exchange 3:15 - 4:15 PM Every Wednesday from April 25 - May 30 <i>Joelle Richardson</i></p>	<p>Arts 'N' Ends (Drawing) 12:30-3:30 EVERY THURSDAY <i>Lorrie Warkentin</i></p> <p>April 26th</p> <p>EVNA Board Meeting 6 - 9 PM</p>	<p>Zumba Gold 10:30 AM - 11:30 AM EVERY FRIDAY <i>Maaik Seaward</i></p> <p>Chair Yoga 12 - 1 PM EVERY FRIDAY <i>Sharon Cavanagh</i></p>	
				<p> Weekly events</p> <p> Monthly events</p> <p> Date-specific events</p> <p> * Registration required</p> <p> Private events</p>		
<p>carya EAST is open: Monday - Friday, 9 AM - 4 PM</p> <p>For more information, please contact Geoff Lewis at 403.863.7675 or GeoffL@caryacalgary.ca</p>						