

Flourish with carya

Family Counsellor

carya – Nurturing The Potential In Every Calgarian.

Calgary is a complex city. Whether facing a volatile economy, a diversifying population, a fiery political climate, or the high-altitude weather, this community has always existed in a constant state of flux. This can lead to periods of struggle for many Calgarians at certain stages of their lives, creating a great need for support.

For over 100 years, **carya** has worked tirelessly to meet this demand, providing members of our community the tools they need to be stronger, more connected, and more resilient. Today we offer members of our community over 40 programs for individuals and families at all stages of life – from mental health, to family services, and beyond.

Everyday, we deliver and grow these services with the help of our amazing partners, donors and team members. All of us united in the belief that stronger more connected individuals create stronger more connected communities.

At **carya** we are dedicated to nurturing the potential in every Calgarian – and that includes our team. We do this through:

- Great work life balance
- Excellent pay and benefits
- A dedication to building belonging and nurturing mental well-being and balance
- A commitment to equity and diversity
- An encouraging and compassionate culture
- Leadership development and growth opportunities
- Opportunities to contribute to improving your local community

Position Summary

Our strength is our people, who together with their diverse backgrounds create a workplace where excellence is valued and the atmosphere is both collaborative and forward moving. Presently we are looking for an experience counsellor to engage children, youth, and families in creating change in their lives and communities.

Working from a trauma informed, strengths-based approach, your counseling strategies empower others and build resilience. You will develop and evaluate service goal plans, maintain clinical records and reporting requirements. Additionally, you will support with community referrals and system navigation to initiate other actions as required. An understanding of attachment, family system approach, and natural supports is an asset.

While this position will be focused on providing one-on-one brief counseling, facilitating groups may be required on a weekly basis. Evening work of one evening per week as well as a flexible schedule is expected.

This position reports to a Clinical Supervisor.

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Qualifications & Experience

- Master's degree in Social Work (Clinical Focus), Clinical Psychology, or Counselling or related field required
- A passion for working to create change with families
- Preferably, 3 – 5 years in a clinical setting, providing counseling in brief solution focused therapy, with families and individuals.
- Training and experience in treatment options such as CBT, attachment, family systems therapy, narrative therapy, and trauma modalities is an asset.
- Takes a posture of cultural humility in working with diverse populations; experience with Indigenous and/or immigrant families is an asset
- Ability to provide counseling in more than one language is an asset
- Great team orientation and collaboration skills
- Ability to work one or two evenings a week
- Skilled in business applications and virtual platforms (MS Word, Teams, Zoom, Penelope etc.).
- Excellent oral and written communication skills
- Completion of Natural Supports Framework training
- Certification with the Alberta Family wellness Initiative's Core Brain Story
- Ability to manage their own schedule.

Current registration in a good standing with a relevant professional regulatory body, as well as all necessary security clearances is required.

The safety of **carya** employees and clients is our top priority. All employees will be required to be fully vaccinated against Covid-19 as a condition of employment. Proof of ineligibility will be required.

Full Time Permanent, (1.0 FTE, 37.5 hours per week)

\$59,999 - \$73,790 per annum

Competitive benefits package, flexible work schedule & supportive work environment

Closing Date

August 17, 2022

If you are seeking a genuine challenge in a respectful and inclusive workplace where excellence is valued and the atmosphere is supportive, please send your résumé, with job title in the subject line, to: hr@caryacalgary.ca.

Carya is an equal opportunity employer. Persons from diverse groups are encouraged to apply. We wish to thank all applicants for their interest, however, only those selected for interviews will be contacted.