

## Opportunity for Registered Provisional Psychologists (CAP)

Calgary is a complex city filled with incredible opportunities and dynamic challenges for those who call it home.

For over 110 years, Carya has worked diligently to meet the evolving needs of Calgarians by providing members of our community with the tools they need to be stronger, more connected, and more resilient.

Today we offer over 40 programs for individuals and families at all stages of life. From providing mental health support to fostering multi-generational wellness and strong families – Carya’s dedicated team of professionals plays an essential role in ensuring a vibrant and healthy future for all Calgarians.

As part of Carya’s Counselling Services team, a **Registered Provisional Psychologist** receives support and guidance to develop their expertise, aiming to become future skilled mental health service providers. They will also contribute to Carya’s goal of fostering ethical mental health practices. Short-term counseling is offered in 8-10 sessions to individuals, dyads, triads, and families, as well as group programs.

### Our Team

Our strength lies in our people, who, together with their diverse backgrounds, create a workplace where both individuals and excellence are valued, and innovation and collaboration are actively practiced. Our team consists of professionals with a diverse range of practice interests and specialties. The team employs a broad range of counseling modalities, including cognitive-behavioral approaches, solution-oriented work, and narrative approaches, to name a few.

The academic affiliations of our team include the College of Alberta Psychologists (CAP), the Alberta College of Social Workers (ACSW), and the Canadian Certified Counsellor (CCC) designation through the Canadian Counselling and Psychotherapy Association (CCPA).

Our goal is to provide high-quality training in a friendly, supportive, and energetic environment, emphasizing the importance of balancing training requirements with self-care practices.

### The Opportunity

With numerous programs catering to youth, families, and older adults, we provide a spectrum of mental health and social inclusion services, including individual and family counseling, group sessions, as well as webinars and workshops for people of all ages—from infants to youth to older adults—and their support networks. Our highly skilled team encourages thousands of Calgarians each year to discover their full potential and build flourishing relationships with their families and community. Priorities are focused on the prevention and amelioration of adverse childhood experiences, toxic stress, and social isolation across the lifespan.

As a part of the team, you will have the opportunity to:

- Engage in and deliver clinical counselling services to individuals of all ages, including children, families, and older adults.
- Work from a trauma-informed, strengths-based approach to empower and build resilience in the people you work with.
- Develop and evaluate service goal plans, maintain clinical records, and meet reporting requirements.
- Provide support with community referrals and system navigation as needed.
- Maintain records according to documentation standards.
- Participate in supervision and team meetings.
- Report to supervisors and contribute to program improvements.
- Collaborate with other professionals within the agency and in the community.
- Facilitate groups and deliver workshops and webinars.

Note: At this point, we do not offer standardized tests.

## What You Bring

- **Master's Degree with a major in clinical/counseling psychology**
- **Completion of Alberta Family Wellness Initiative's Core Brain Story.**
- Familiarity with family systems, attachment theory, and a strong inclination towards advancing skills in working with families or older adults.
- Training and experience in treatment options such as CBT, attachment, family systems therapy, narrative therapy, sand tray therapy, and trauma modalities are assets.
- The ability to provide counseling in more than one language is an asset.
- A posture of cultural humility in working with diverse populations; experience with Indigenous and/or immigrant families is an asset.
- Available for full-time work (37.5 hours per week), including up to two evenings during weekdays.
- Support with other tasks (intake, admin duties).
- A positive attitude, coupled with the ability to balance a dedication to quality service with effective time management is essential.
- Exceptional team orientation and collaboration skills.
- Proficiency in Microsoft 365 with a focus on SharePoint, Word, Teams, and Outlook; Case management software, such as Penelope or Jane.
- Excellent oral and written communication skills
- Completion of Natural Supports Framework training is an asset.

## What Carya can offer

- Support to complete your 1600 hours (plus 107 hours of supervision) with a broad range of populations (children, youth, families, and older adults) in various settings (in-person, video/phone, community) and modalities.
- Opportunity to gain experience in intervention, general assessment, teaching, and consultation.
- Regular supervision, team meetings, individual and group case consultations, and professional development opportunities.
- A monthly stipend will be provided.
- A potential opportunity to continue working with Carya as an employee.

## Program Start

May 2024

## How to Apply

Send the completed applications to [HR@caryacalgary.ca](mailto:HR@caryacalgary.ca) with 'Provisional Application – (name)' as the email subject.

To facilitate the processing of your application more easily, please name all your documents in the following format: '(name) – resume', '(name) – application' etc.

The emailed package should include the following documents:

- Completed application form
- Current resume
- Three letters of reference including at least one recent clinical reference (work, volunteer or practicum training). Each reference letter must include the following information:
  - Current date and signature of the reference person, position/title, organization, mailing address, email address and best phone number to reach them.
  - Nature of reference person's involvement with the applicant and how long you have known one another.
  - Activities performed by the applicant under reference person's guidance and/or supervision.
  - Applicant's focus/aspirations /developmental trajectory.
  - Applicant's strengths & areas of growth.
- Official/unofficial transcript of the most recent Master's Degree.
- A letter from the CAP with approval of academic credentials (or a proof of submission of request to the CAP)

- A copy of your Police Information Check with Vulnerable Sector Search (as required by the CAP).

*We thank all those who expressed their interest, however only those selected for an interview will be contacted.*

**Equal Employment Opportunities, Requesting an Accommodations Statement, and other Employment Statements**

Carya is deeply committed to building a workplace where inclusion is not only valued but prioritized. We are proud to be an equal opportunity employer, seeking to create a welcoming and diverse environment. All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, gender identity or expression, family status, marital status, sexual orientation, national origin, genetics, neurodiversity, disability, age, or veteran status, or any other non-merit based or legally protected grounds.

Carya is committed to providing reasonable accommodations to qualified individuals with disabilities in the employment application process. To request accommodation, please contact People & Culture by email at [HR@caryacalgary.ca](mailto:HR@caryacalgary.ca) in advance of your interview.

**The successful candidate must satisfactorily complete a Police Information Check with Vulnerable Sector Search and Child Information Record Check.**

**Carya – Nurturing the Potential in Every Calgarian.**