

Flourish with Carya

Family Counsellor – Functional Family Therapy

Calgary is a complex city filled with incredible opportunities and dynamic challenges for those who call it home.

For over 110 years, Carya has worked diligently to meet the evolving needs of Calgarians by providing members of our community with the tools they need to be stronger, more connected, and more resilient.

Today we offer over 40 programs for individuals and families at all stages of life. From providing mental health support to fostering multi-generational wellness and strong families – Carya's dedicated team of professionals plays an essential role in ensuring a vibrant and healthy future for all Calgarians.

About the Role

📍 *Primary:* Central Commons, 180, 839 5 Ave SW | Calgary, AB

Secondary: In home, virtually and in community

🕒 Full-Time (37.5 hrs / week)

💰 Salary: \$59,999 - \$77,000

In alignment with the Society's mission and the systemic nature of our work, a portion of a counsellor's time is to be dedicated to community engagement and development. As a member of the Counselling Team, you will engage with children, youth, couples, and families in a client-directed manner within the context of their community. These positions will focus on family systems interventions, specifically using the Family Functional Therapy Model (FFT & FFT CW), as well as group modalities. Flexibility, an ability to engage and work within the community, an interest in working with family structures, as well as proficiency in, or a willingness to be trained in, evidence-based practices are essential. The FFT program also operates in collaboration with Kindred (formerly Catholic Family Service), necessitating collaborative and partnership approaches.

Who You Are

- A proactive self-starter who likes to get creative and support on diverse deliverables.
- An organized and critical thinker who can visualize organizational goals and progress towards them.
- A creative collaborator who values professional relationships, belonging, kindness and diverse perspectives.

What You'll Do

- Provide direct counselling services to families with children aged 0-18 in various settings, including their homes, in the community, virtually and onsite at Carya.
- Effectively engage clients, focusing on growth, development, and positive change using the Functional Family Therapy model.
- Follow ethical guidelines and respect participants' uniqueness and right to self-determination, keeping in mind a child's right to be protected.
- Manage an active caseload and be willing to see primarily family participants. Caseload composition will vary based on community needs, funder requests, and agency needs.
- Manage cases, including assessment, intervention, closure, and documentation of the process.
- Stay informed about relevant literature and research to ensure service delivery aligns with best practices, ethical guidelines, and meets adherence and fidelity requirements for FFT.
- Regularly utilize supervision and work holistically and collaboratively with all involved partners.
- Ensure service delivery aligns with policy and procedure guidelines and meets performance standards.
- Must be available to deliver services at least two evenings per week and be flexible and creative in meeting participant needs.

What You Bring

- **A master's degree in psychology, social work or a related discipline is expected.**
- **Current registration with ACSW, CCPA or CAP is required.**
- Training/experience in methods of group education and related developmental/family/group dynamic theory, as well as previous experience working with families and people of all ages in a counselling environment.
- Experience or training in Attachment would be an asset.
- Skillful use of therapeutic modalities and clinical supervision, as well as the ability to collaborate with other

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professionals and to do community development work is essential.

- Strong attention to detail with the ability to act with discretion and confidentiality is expected.
- Effective presentation and facilitation skills, along with effective communication and interpersonal skills.
- Possess a passion for working to create change with families.
- A positive attitude, coupled with the ability to balance a dedication to quality service is essential.
- Exceptional team orientation and collaboration skills.
- Excellent oral and written communication skills.
- Completion of Natural Supports Framework training is an asset.
- Certification with the Alberta Family Wellness Initiative's Core Brain Story.
- Proficiency in Microsoft 365 with a focus on SharePoint, Word, Teams, and Outlook.
- Proficiency, or at the very least, familiarity with case management software, such as Penelope or Jane.
- Ability to effectively manage and prioritize your emails and calendar.
- A vehicle is required for this role, with a valid driver's license and car insurance.

Why Join Team Carya

When you join team Carya, you are joining over 100 passionate professionals who exemplify our values of *Respect, Kindness, Creativity, Collaboration, Belonging, Wellness*. Our employees are the heart of our organization and work collaboratively to meet the unique and evolving needs of over 40,000 Calgarians.

At Carya, we take care of our people and proudly provide our employees with:

- Exceptional work life balance including paid vacation time off, personal time off each month and office closures during the year.
- A supportive and flexible work environment that includes professional development opportunities.
- A focus on health and wellbeing including access to virtual mental and physical health supports, employer paid extended health benefits, dental benefits, an annual health spending account and Employer matched RRSP contributions.
- Recognition that peoples are a combination of many intersecting identities; we work to cultivate an environment that welcomes the whole person and harnesses the strength that is available in our diversity, creating a rich and inclusive workplace.

The **Family Counsellor** will receive a comprehensive total compensation package including:

- Employer-paid premiums for extended health benefits and 50/50 share of dental premiums.
- Up to 7% RRSP matching.
- Annual Health Spending Account.
- Three (3) weeks paid vacation pro-rated to start date and eligible for use in the first year of employment.
- Monthly Personal Time Off (PTO) day.
- Paid office closure days between Christmas and New Year.
- Discretionary Day of Observation each year for use on a day that is of personal significance.
- Agency provided property as needed by the role.

Closing Date

Until Suitable Candidate is Found

How to Apply

Please submit a single PDF containing your cover letter and resume with your name as the file name.

Email your file to HR@caryacalgary.ca with the job title in the subject line.

Applications submitted without a cover letter will not be considered.

We thank all those who expressed their interest, however only those selected for an interview will be contacted.

Equal Employment Opportunities, Requesting an Accommodations Statement, and other Employment Statements

Carya is deeply committed to building a workplace where inclusion is not only valued but prioritized. We are proud to be

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an equal opportunity employer, seeking to create a welcoming and diverse environment. All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, gender identity or expression, family status, marital status, sexual orientation, national origin, genetics, neurodiversity, disability, age, or veteran status, or any other non-merit based or legally protected grounds.

Carya is committed to providing reasonable accommodations to qualified individuals with disabilities in the employment application process. To request accommodation, please contact People & Culture by email at HR@caryacalgary.ca in advance of your interview.

The successful candidate must satisfactorily complete a Police Information Check with Vulnerable Sector Search/Check and Child Intervention Record Check.

Carya – Nurturing the Potential in Every Calgarian.