

# Flourish with Carya



## Family Counsellor (Family Functional Therapy)

Since 1910, Carya has been responding to the evolving social needs of the Calgary community.

Today, Carya impacts the lives of thousands of Calgarians through a range of comprehensive, barrier-free programs and services that enhance mental well-being, strengthen families, improve living conditions, and create meaningful social connections. We walk alongside our community, nurturing the unique strengths, abilities, and talents that individuals, families, and communities already possess to overcome adversity and build strong foundations for their futures.

### ABOUT THE ROLE

**Locations:** Central Commons, 800-1000 7 Ave SW, Calgary, AB

**Salary:** \$59,999 to \$77,000

**Full Time Regular:** 37.5 hours per week

As a member of the Counselling Team, you will work with children, youth, parent(s) or caregiver(s), and families in a client-directed manner, rooted in the context of their community. These roles focus on family systems interventions, utilizing the Family Functional Therapy Model (FFT and FFT CW). Flexibility, the ability to engage and work within the community, an interest in family structures, and either proficiency in or a willingness to be trained in evidence-based practices are essential.

**Training:** Family Functional Therapy is an internationally recognized counselling model. Carya covers the full cost of extensive training for the successful candidate as part of their employment. In return, the candidate is expected to commit to a two-year term in this position.

### WHO YOU ARE

- A proactive self-starter who likes to get creative and support on diverse deliverables.
- An organized and critical thinker who can visualize organizational goals and progress towards them.
- A creative collaborator who values professional relationships, belonging, kindness and diverse perspectives.

### WHAT YOU WILL DO

- Provide direct counselling services to families with children aged 0-18 in various settings, including their homes, in the community, virtually, and onsite at Carya.
- Effectively engage clients, focusing on growth, development, and positive change using the Functional Family Therapy model.
- Follow ethical guidelines and respect participants' uniqueness and right to self-determination, keeping in mind a child's right to be protected.
- Manage an active caseload and be willing to see primarily family participants. Caseload composition will vary based on community needs, funder requests, and agency needs.
- Manage cases, including assessment, intervention, closure, and documentation of the process.
- Stay informed about relevant literature and research to ensure service delivery aligns with best practices, ethical guidelines, and meets adherence and fidelity requirements for FFT.
- Regularly utilize supervision and work holistically and collaboratively with all involved partners.
- Ensure service delivery aligns with policy and procedure guidelines and meets performance standards.
- Must be available to deliver services at least two evenings per week and be flexible and creative in meeting participant needs.

### WHAT YOU BRING

- A master's degree (MSW, MA, M.Ed., MSc, MC) in psychology, social work or a related discipline.



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- **Membership in good standing with relevant regulatory body.**
- Alberta Family Wellness Initiative's Core Brain Story.
- Training/experience in methods of developmental/family/group-dynamic theory, as well as previous experience working with families and people of all ages in a counselling environment.
- Experience or training in attachment would be an asset.
- Skillful use of therapeutic modalities and clinical supervision, as well as the ability to collaborate with other professionals to enhance natural and professional supports is essential.
- Strong attention to detail with the ability to act with discretion and confidentiality is expected.
- Effective presentation and facilitation skills, along with effective communication and interpersonal skills.
- A positive attitude, coupled with the ability to balance a dedication to quality service is essential.
- Exceptional team orientation and collaboration skills.
- Excellent oral and written communication skills.
- Completion of Natural Supports Framework is an asset.
- Proficiency in Microsoft 365 with a focus on SharePoint, Word, Teams, and Outlook.
- Proficiency, or at the very least, familiarity with case management software, such as Jane.
- Ability to effectively manage and prioritize your emails and calendar.
- A vehicle is required for this role, with a valid driver's license and car insurance.

## WHY JOIN TEAM CARYA

When you join team Carya, you are joining over 100 passionate professionals who exemplify our values of *Respect, Kindness, Creativity, Collaboration, Belonging, Wellness*. Our employees are the heart of our organization and work collaboratively to meet the unique and evolving needs of over 40,000 Calgarians.

At Carya, we take care of our people and proudly provide our employees with:

- Exceptional work life balance including paid vacation time off, personal time off each month and office closures during the year.
- A supportive and flexible work environment that includes professional development opportunities.
- A focus on health and wellbeing including access to virtual mental and physical health supports, employer paid extended health benefits, dental benefits, an annual health spending account and Employer matched RRSP contributions.
- Recognition that peoples are a combination of many intersecting identities; we work to cultivate an environment that welcomes the whole person and harnesses the strength that is available in our diversity, creating a rich and inclusive workplace.

The successful applicant will receive a comprehensive total compensation package including:

- Employer-paid premiums for extended health benefits and 50/50 share of dental premiums.
- Up to 7% RRSP matching.
- Annual Health Spending Account.
- Three (3) weeks paid vacation pro-rated to start date and eligible for use in the first year of employment.
- Monthly Personal Time Off (PTO) day.
- Paid office closure days between Christmas and New Year.
- Discretionary Day of Observation each year for use on a day that is of personal significance.
- Agency provided property as needed by the role.

## CLOSING DATE

Until a suitable candidate is found.



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## HOW TO APPLY

1. Please submit a single PDF containing your cover letter and resume with your name as the file name.
2. Email your file to [HR@caryacalgary.ca](mailto:HR@caryacalgary.ca) with the job title in the subject line.
3. Applications submitted without a cover letter will not be considered.

*We thank all those who expressed their interest, however only those selected for an interview will be contacted.*

## Equal Employment Opportunities, Requesting an Accommodation, and Other Employment Statements

Carya is deeply committed to building a workplace where inclusion is not only valued but prioritized. We are proud to be an equal-opportunity employer, seeking to create a welcoming and diverse environment. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, family status, marital status, sexual orientation, national origin, genetics, neurodiversity, disability, age, or veteran status, or any other non-merit based or legally protected grounds.

Carya is committed to providing reasonable accommodations to qualified individuals with disabilities in the employment application process. To request an accommodation, please contact People & Culture by email at [HR@caryacalgary.ca](mailto:HR@caryacalgary.ca) in advance of your interview.

The successful candidate must satisfactorily complete a Police Information Check with Vulnerable Sector Search and a Child Intervention Record Check (IRC).

Carya – Nurturing the Potential in Every Calgarian

