

# Flourish with Carya



## Opportunity for Registered Provisional Psychologists (CAP)

Since 1910, Carya has been responding to the evolving social needs of the Calgary community.

Today, Carya impacts the lives of thousands of Calgarians through a range of comprehensive, barrier-free programs and services that enhance mental well-being, strengthen families, improve living conditions, and create meaningful social connections. We walk alongside our community, nurturing the unique strengths, abilities, and talents that individuals, families, and communities already possess to overcome adversity and build strong foundations for their futures.

### ABOUT THE INTERNSHIP

**Primary Locations:** Central Commons, 800-1000 7 Ave SW

**Hours Requirement:** 37.5 hours per week

**Monthly Stipend:** \$2,500

As part of Carya's Counselling Services team, a **Registered Provisional Psychologist** receives support and guidance to develop their expertise, with the aim of becoming a skilled mental health service provider. They also contribute to Carya's mission of promoting ethical mental health practices. Short-term counseling is provided in 8-10 sessions for individuals, dyads, triads, and families, as well as through group programs.

### WHO YOU ARE

- A proactive self-starter who likes to get creative and support on diverse deliverables.
- An organized and critical thinker who can visualize organizational goals and progress towards them.
- A creative collaborator who values professional relationships, belonging, kindness and diverse perspectives.

### WHAT YOU WILL DO

- Provide efficient, collaborative, flexible, and client-centered services, including needs assessments, supportive referrals, resource navigation, and community connections.
- Collaborate in a team environment and support case management activities with partner agencies.
- Deliver clinical counselling services to individuals of all ages, including children, families, and older adults.
- Utilize a trauma-informed, strengths-based approach to empower and build resilience in clients.
- Develop and evaluate service goal plans, maintain clinical records, and meet reporting requirements.
- Assist with community referrals and system navigation as needed.
- Maintain accurate records in line with documentation standards.
- Participate in supervision and team meetings.
- Report to supervisors and contribute to program improvements.
- Collaborate with other professionals within the agency and the community.
- Facilitate groups, workshops, and webinars.
- Work 37.5 hours per week, consisting of 7.5 hours per day, 5 days a week, including two evenings. Evening appointments will not extend past 8:00 PM.
- Attend one-hour individual supervision sessions weekly or as needed.
- Schedule for supervision will be arranged between the supervisor and the Provisional Psychologist.
- Carya supervisors will accommodate the supervision requirements of different educational institutions.
- Mandatory attendance at Team Consult Meetings and active engagement with peers in the Counselling Services team.
- Submitting a monthly invoice to the finance team to ensure prompt and efficient payment of your stipend.



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## WHAT YOU BRING

- **Master's degree in clinical or counselling psychology is required.**
- **Completion of AFWI Brain Story is required.**
- Familiarity with family systems and attachment theory, with a strong interest in advancing skills in working with families or older adults.
- Basic knowledge of Trauma-Informed Therapy.
- Training and experience in treatment modalities such as CBT, attachment-based therapy, family systems therapy, narrative therapy, sand tray therapy, and trauma-focused approaches are assets.
- Strong attention to detail, with the ability to act with discretion and maintain confidentiality.
- A positive attitude and a commitment to delivering high-quality services are essential.
- Exceptional teamwork and collaboration skills.
- Excellent oral and written communication skills; proficiency in additional languages is an asset.
- A posture of cultural humility when working with diverse populations; experience with Indigenous and/or immigrant families is an asset.
- Proficiency in Microsoft 365, including SharePoint, Word, Teams, and Outlook.
- Familiarity with, or proficiency in, case management software such as Jane.
- Strong organizational skills with the ability to manage and prioritize emails and calendars effectively.

## WHY JOIN TEAM CARYA

When you join team Carya, you are joining over 100 passionate professionals who exemplify our values of *Respect, Kindness, Creativity, Collaboration, Belonging, Wellness*.

Our strength lies in our people. With diverse backgrounds, our team creates a workplace that values both individuals and excellence while fostering innovation and collaboration. Our team comprises professionals with varied practice interests and specialties, employing a range of counseling modalities such as cognitive-behavioral approaches, solution-focused techniques, and narrative therapy.

The team holds academic affiliations with the College of Alberta Psychologists (CAP), The Association of Counselling Therapy of Alberta (ACTA), and the Canadian Certified Counsellor (CCC) designation through the Canadian Counselling and Psychotherapy Association (CCPA).

We aim to provide high-quality training in a friendly, supportive, and dynamic environment, prioritizing a balance between meeting training requirements and maintaining self-care.

At Carya, we can offer the following:

- Support to complete your 1,600 hours (plus 107 hours of supervision) with diverse populations, including children, youth, families, and older adults, across various settings (in-person, video/phone, and community) and modalities.
- Opportunities to gain experience in intervention, general assessment, teaching, and consultation.
- Access to regular supervision, team meetings, individual and group case consultations, and professional development opportunities.
- Five (5) vacation days and five (5) sick days will be provided for the duration of the internship.
- Potential opportunity to transition into a role as an employee with Carya.

## INTERNSHIP START DATE

May 2025

## HOW TO APPLY

1. Complete the application form on our website.
2. Email the required documentation to HR as specified on our website.



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*We thank all those who expressed their interest, however only those selected for an interview will be contacted.*

## Equal Employment Opportunities, Requesting an Accommodation, and Other Employment Statements

Carya is deeply committed to building a workplace where inclusion is not only valued but prioritized. We are proud to be an equal-opportunity employer, seeking to create a welcoming and diverse environment. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, family status, marital status, sexual orientation, national origin, genetics, neurodiversity, disability, age, or veteran status, or any other non-merit based or legally protected grounds.

Carya is committed to providing reasonable accommodations to qualified individuals with disabilities in the employment application process. To request an accommodation, please contact People & Culture by email at [HR@caryacalgary.ca](mailto:HR@caryacalgary.ca) in advance of your interview.

The successful candidate must satisfactorily complete a Police Information Check with Vulnerable Sector Search and a Child Intervention Record Check (IRC).

Carya – Nurturing the Potential in Every Calgarian

