

Flourish with Carya



Elder Friendly Facilitator

Since 1910, Carya has been responding to the evolving social needs of the Calgary community.

Today, Carya impacts the lives of thousands of Calgarians through a range of comprehensive, barrier-free programs and services that enhance mental well-being, strengthen families, improve living conditions, and create meaningful social connections. We walk alongside our community, nurturing the unique strengths, abilities, and talents that individuals, families, and communities already possess to overcome adversity and build strong foundations for their futures.

ABOUT THE ROLE

Locations: Village Commons, 201-610 8 Ave SW and Bowmont Commons, 5000 Bowness Rd NW

Salary: \$49,500 - \$62,500

Full Time Regular: 37.5 hours per week

The **Elder Friendly Facilitator** is responsible for developing, facilitating, and evaluating meaningful opportunities that enhance social connections for older adults, reduce social isolation, and create sustainable, elder-friendly communities in Calgary. This role involves community engagement, outreach, program coordination, and strong facilitation skills to ensure that older adults have opportunities to participate in meaningful activities, build their capacity, experience improved social and emotional well-being.

WHO YOU ARE

- A proactive self-starter who likes to get creative and support on diverse deliverables.
- An organized and critical thinker who can visualize organizational goals and progress towards them.
- A creative collaborator who values professional relationships, belonging, kindness and diverse perspectives.

WHAT YOU WILL DO

- Build relationships through facilitation, one-on-one support, and community engagement.
- Develop and implement evidence-based programs to foster connections, reduce isolation, and support healthy aging.
- Apply best practices for working with older adults, including peer support, social prescribing, and trauma-informed approaches.
- Collaborate respectfully with diverse teams to deliver innovative, engaging strategies.
- Design accessible, inclusive programs, addressing mobility, financial, cognitive, and technological barriers.
- Promote mental well-being using social-emotional learning strategies.
- Present complex information clearly, encouraging open dialogue and participation.
- Support participants' development by fostering natural supports, confidence, and resource access.
- Build trust through welcoming environments, purposeful activities, and community connections.
- Use strength-based approaches to highlight participants' abilities and potential.
- Develop community-driven curricula, integrating best practices and adult learning principles.
- Provide crisis intervention, including risk assessments and safety planning.
- Demonstrate creativity, adaptability, and resilience in evolving environments.

WHAT YOU BRING

- **Bachelor's degree in social work, community development, adult education or a related field is required.**
- Skilled in group facilitation, group management, coordinating complex schedules, and fostering a collaborative environment.



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- Experienced, enthusiastic, and passionate about aging populations with a strength-based, participant-centered approach.
- Strong team orientation with exceptional communication, and interpersonal skills, able to connect with diverse individuals and accommodate varying needs and learning styles.
- Build trust through strong relationships, welcoming environments, and responsiveness to community needs.
- Skilled in managing group dynamics, including conflict resolution and fostering cohesion.
- Have extensive experience with seniors, knowledge of aging, impacts of social isolation, wellness, transitioning to seniorhood, life stage changes, grief, and loss.
- Proficient in maintaining detailed and accurate records of group activities, attendance, and outcomes.
- Respect diverse viewpoints and values shaped by different societal and cultural contexts and be sensitive to individuals with cognitive or age-related health and mental health needs.
- Demonstrate flexibility in work location and schedule, while remaining open to insights from those outside your immediate team (one evening group per semester may be required).
- Completion of Natural Supports Framework training is an asset.
- Certification with the Alberta Family Wellness Initiative's Core Brain Story is an asset.

WHY JOIN TEAM CARYA

When you join team Carya, you are joining over 100 passionate professionals who exemplify our values of *Respect, Kindness, Creativity, Collaboration, Belonging, Wellness*. Our employees are the heart of our organization and work collaboratively to meet the unique and evolving needs of over 40,000 Calgarians.

At Carya, we take care of our people and proudly provide our employees with:

- Exceptional work life balance including paid vacation time off, personal time off each month and office closures during the year.
- A supportive and flexible work environment that includes professional development opportunities.
- A focus on health and wellbeing including access to virtual mental and physical health supports, employer paid extended health benefits, dental benefits, an annual health spending account and Employer matched RRSP contributions.
- Recognition that peoples are a combination of many intersecting identities; we work to cultivate an environment that welcomes the whole person and harnesses the strength that is available in our diversity, creating a rich and inclusive workplace.

The successful applicant will receive a comprehensive total compensation package including:

- Employer-paid premiums for extended health benefits and 50/50 share of dental premiums.
- Up to 7% RRSP matching.
- Annual Health Spending Account.
- Three (3) weeks paid vacation pro-rated to start date and eligible for use in the first year of employment.
- Monthly Personal Time Off (PTO) day.
- Paid office closure days between Christmas and New Year.
- Discretionary Day of Observation each year for use on a day that is of personal significance.
- Agency provided property as needed by the role.

CLOSING DATE

February 21, 2025

HOW TO APPLY

1. Please submit a single PDF containing your cover letter and resume with your name as the file name.



800-1000 7 Ave SW, Calgary, AB, T2P 5L5
CaryaCalgary.ca

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2. Email your file to HR@caryacalgary.ca with the job title in the subject line.
3. Applications submitted without a cover letter will not be considered.

We thank all those who expressed their interest, however only those selected for an interview will be contacted.

Equal Employment Opportunities, Requesting an Accommodation, and Other Employment Statements

Carya is deeply committed to building a workplace where inclusion is not only valued but prioritized. We are proud to be an equal-opportunity employer, seeking to create a welcoming and diverse environment. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, family status, marital status, sexual orientation, national origin, genetics, neurodiversity, disability, age, or veteran status, or any other non-merit based or legally protected grounds.

Carya is committed to providing reasonable accommodations to qualified individuals with disabilities in the employment application process. To request an accommodation, please contact People & Culture by email at HR@caryacalgary.ca in advance of your interview.

The successful candidate must satisfactorily complete a Police Information Check with Vulnerable Sector Search.

Carya – Nurturing the Potential in Every Calgarian

