



Carya's Families in Community Summer 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SPECIAL EVENTS
Getting Ready for Kindergarten West Cohort July 6 & 13 10 - 11:30 am Registration required Childminding available Bowmont Commons 5000 Bowness Road Getting Ready for Kindergarten East Cohort July 20 & 27 10 - 11:30 am Registration required Childminding available Village Commons 610 8 AVE SE	Montgomery Drop-in Play & Mini Mother Goose July 14 - August 18 10 - 11:30 am Montgomery Community Association 5003 16 Ave NW Baby Parent-Child Mother Goose July 7 - August 18 10 - 11 am <i>Registration required</i> Montgomery Community Association 5003 16 Ave NW Village Commons Drop-in Play & Mini Mother Goose July 14 - August 18 10 - 11:30 am Carya Village Commons 610 8 AVE SE	Songs & Storytime with Seniors July 15 August 12 10 - 11 am Carya Village Commons 610 8 AVE SE Outdoor Drop-in Play & Mini Mother Goose followed by Snacks with Seniors July 15 & 29 August 12 10 - 11:30 am Scout and Guide Hall 8551 Bowness Rd NW 	Summer Tots Drop-in Play & Mini Mother Goose July 9 - August 20 10 - 11:30 am Sunalta Community Association 1627 10 Ave SW Bridgeland Drop-in Play & Mini Mother Goose July 9 - August 20 10 - 11:30 am Bridgeland Riverside Community Association 917 Centre Ave NE	Hillhurst Sunnyside Drop-in Play & Mini Mother Goose July 10 & 24 August 7 & 21 10 - 11:30am Inside Hillhurst Sunnyside Community Association 1320 5 Ave NW Kitchen Creations with Chef Dan July 31 August 28 10 - 11:30am Carya Village Commons 610 8 AVE SE <i>Registration required, childminding available</i>	Carya's Stampede Breakfast July 7 8 am - noon Village Commons 610 8 AVE SE Summer BBQ August 21 11 am - 1 pm Scout and Guide Hall 8551 Bowness Rd NW 

Free programs where neighbours can connect, learn and play in a welcoming space!
Email fic@caryacalgary.ca or visit www.caryacalgary.ca for more information and registration

Program Descriptions & Information

Registered Groups

Getting Ready For Kindergarten - For Parents & Caregivers with Children entering Kindergarten in Sept 2026

Help your child start kindergarten with confidence! In this 2 session workshop, parents and caregivers will learn ways to support school readiness with practical activities that supports their child’s foundational learning skills. Registration is required. Childminding available.

West Cohort: Monday July 6 & 13 , 10:00am - 11:30am at Bowmont Commons

East Cohort: Monday July 20 & 27, 10:00am - 11:30am at Village Commons

Baby Parent-Child Mother Goose - For Parents & Caregivers with Children 0 - 12 months

Strengthen the bond between you and your little one. Learn songs, rhymes and stories to soothe, teach and play with baby.

Kitchen Creations with Chef Dan- For Parents & Caregivers with Children 3-6

Join Chef Dan for a fun, hands-on culinary experience designed for little chefs ages 3–6 and their grown-ups! In this summer-themed class, you and your kiddo will make simple fun foods that are perfect for warm-weather days. Childminding available for children under the age of 3. Sign up for the day that suits your schedule (Choose one).

Friday July 31 or August 28, 10:00am - 11:30am at Village Commons

Drop-in Groups

Drop-in Play & Mini Mother Goose - For Parents & Caregivers with Children 0 - 6

A place for families to connect and play! Enjoy a snack, play time and a mini mother goose circle! Suitable for parents and caregivers with children ages 0-6. If the program is outdoors, bring your own blanket for songtime. Program will be cancelled due to smoke or rain if the program is offered outdoors. Offered at:

- Montgomery Community Association on Tuesdays
 - Indoors from July 14- August 11
 - Outdoors at the MCA playground on August 18
- Meet Indoors @ Village Commons on Tuesdays- we will go outside if the weather is nice!
- Indoors & Outdoors @ Bridgeland Riverside Community Association on Thursdays
- Outdoors in the garden area @ Sunalta Community Association on Thursdays
- Indoors @ Hillhurst Sunnyside Community Association on Fridays: July 10, 24, August 7, 21

Song and Storytime with Seniors - For Parents & Caregivers with Children 0 - 6

Join us as we bring seniors and young children ages 0–6 together for a joyful story time and songs.

Outdoor Drop-in Play Mini Mother Goose Followed By Snacks with Seniors - For Parents & Caregivers with Children 0 - 6

Join us in the backyard garden area at the Scout and Guide Hall for a morning of mother-goose and free play. Afterwards, we will join the Carya Elder Friendly group inside for a shared snack! Bring your own blanket!

Events

Stampede Breakfast

Connect with your community at our Stampede Breakfast at Carya Village Commons! Come on down for a tasty breakfast, good company, and plenty of Stampede spirit.

Summer BBQ

Connect with your community at our all-ages BBQ at the Bowness Scout and Guide Hall! Enjoy a delicious lunch and fun games and activities. This event is open to everyone—bring your family, friends, and neighbours for a day of connection and celebration!

**Thank you to all the community locations that
our summer programs!**



Families in Community Team!



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**FOR INFORMATION ABOUT OUR FREE FAMILY
PROGRAMS AND TO REGISTER, PLEASE CONTACT:
FIC@CARYACALGARY.CA**